JSE Power Hour Trading for a living

lap

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Why?

- Hate your job?
- Hate your life?
- Want to be rich?
- It's easy?



Why?

➤ Hate your job?

→ Hate your life?

→ Want to be rich?

► It's easy?



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Get you #@%* together

> Trading (or anything else) is not the answer

The ultimate dream

- No boss / no stress / no worries
- It's all beaches and sun cream
 Except it isn't
- It is hard work
- <mark>≻ It is</mark> a job
- It has office hours
- It has a boss



Do not

- Take a week or two leave to 'try it out'
- > Think this is a walk in the park
- > Have unrealistic expectations
- Try as a novice
- > Think it all about platform, equipment etc.
- > Think it get rich quick
- > Will solve your problems



Do

- Take it seriously
 - Have an 'office' and get dressed
- Have a proven edge
 - > An ability to make money
 - That you have proved works
- Expect very tough periods when your capital is being drawn down
- Be an experienced trader (minimum 3 years profitable trading)
- Be prepared to put in lots of hours



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You need

- Capital
- Training
 - Experience
 - Consistency
 - A trading edge
- Patience
- Discipline (life style & trading)



Trade what?

- Indices and FX
 - > ALSI / Dax / S&P500 (time zones?) / FTSE100
 - > Major FX pairs only (USD / GBP / YEN / EUR)
- Multiple strategies
 - One primary & 2 or 3 secondary
- > Time frame; 15 minute / hourly / four hourly (FX) ?





Multiple strategies

- Primary trading strategy
 - For me 7 / 21 MA cross over strategy
 - Index & FX
- Secondary shorter duration systems for when you NOT in a primary trade
 - > For me gap closes and engulfing candles
 - > Index



Trading shares?

- I do not like trading shares (geared or not)
 - Volatility
 - Single event risk (results / merger / firing / etc.)
 - Costs
 - > Spread





But many do and some make money

Managing risk

- Stop loss
- ≻ 2% rules
- ≻ 6% rules



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Overall portfolio gearing

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Trading systems

- Plenty, but they need to be tested
- Tried and tested
- Style; swing, day, trend?
- Time frames?

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Discipline

- > Traders journal
 - Discipline
- > Process
 - Discipline
- Strategy for when you go on 'tilt'
 - Discipline



How much capital do you need?

- Simple equation;
 - > Annual income requirements x 2 or 3
 - Income required
 - R4Ok / month = R48Ok/year (call it R5OOk)
 - So

R500k for living this year (takes pressure off you = security)

R500k - R1million for trading (requires 50%-100% return)





How much capital do you need?

> R1million

> Geared 3x / 5x / 10x / 50x ...

R3million / R5million / R10million / R50million ...

It gets big quick

Adds to stress and risk





But I only have





But I only have

- Reduce your expenses
- Trade your way to a larger amount of capital

Do NOT borrow money or use debt

Accept this will not happen over night





Support

Trading room?



- Careful of expense and 'egos'
- Trading buddy
 - Support, understanding, 'checking you'
- Online (forums, social media, etc.)
 - Very careful of hype and 'egos'
- Life partner



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Freedom from ties that bind

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- Lazy trading?
 - Hourly / 4 hour / daily / weekly charts?
- Ultimately trading for a living is just another job
 - So what's wrong with your current job?
 - Make trading part of a great life
- Multiple revenue streams?
 - Of which trading is one

Quitting your job

- Be very careful
- > Are you making money trading?
- Do you have support?
- Backup plan?

Could you do your job differently?



Backup plan?

- Dive into the deep end?
 - > High risk but it sink or swim

- Backup plan removes pressure
 - But also removes the seriousness



Now you're depressed



- Don't be
- Take this as a dose of realism
- Start the journey
- Plan the journey



Re cap

- Totally possible
- Not for everybody
 - > Can be lonely, painful, expensive
- A real skill
 - Will take time to achieve
- It could be the worst decision you ever make
- It could be the best decision you ever make





Questions?

Contact



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